WEST OLDS
DENTAL

WEST OLDS
DENTAL

Dear Friend,

We are excited that you have requested more information about our practice.

Choosing a dental home can be a nerve-wracking experience.

You are headed in the right direction, you will be in good hands, and we all look forward to getting to know you and your family.

My team and I know that not everyone loves the dentist, and we can assure you that we will do our very best to make sure you have a comfortable experience, that we listen to your concerns and you have your questions answered.

Your smile is the first thing you see every day and the first impression others have of you. This is the single most life transforming asset we have on our bodies. Your smile makes all the difference both inside and out.

At West Olds Dental, we know your smile is about more than your health and looking pretty, it's about your life.

That's why I wanted to say hello and tell you a little more about our practice.

The top 6 reasons why your fellow Airdrie residents choose West Olds Dental include:

- Our convenient hours can get your family's dental needs taken care of without missing work or school
- Sedation options, from 'just taking the edge off' to 'completely out'
- All services under one roof.
- Interest free payment plans
- Children's dentistry
- Same-day appointments for urgencies or emergencies- call us in the morning and we'll get you in today.

There's so much to discover about West Olds Dental, and our community events.

Go ahead and have a look around our website, and if you have not already done so, go ahead and take the next step to give us a call and schedule your visit today.

We look forward to welcoming you to our family!

Sincerely,

Your Team at West Olds Dental

We Stand Behind What We Do

Your Peace of Mind Dental Warranty

Patient Name_____

Date _____

Your prescribed re-care appointment is every: ☐ 2 mo. ☐ 3 mo. ☐ 6 mo. ☐ Other _____

We are proud of our dental services and what they do for our patients. Our goal is not to overly correct your dental problems, but have the work we do last for many years into the future, to save you time and to save you from unnecessary expenses.

The long term success of your treatment is dependent on how well you care for your teeth, continuing home care of your teeth and gums, consistent regular professional examinations, cleanings and fluoride treatments. It is also dependent on your adherence to our professional recommendation on your diet, products we recommend you use and the frequency of your professional continuing care visits.

Eating a sensible diet and adhering to the schedule we set for you for the frequency of your professional examinations, cleanings and fluoride treatments also contribute to your treatments longterm success. The products we recommend for you for you and the frequency of professional continuing care visits depends on your individual situation.

With these thoughts in mind, we are pleased to offer the following limited dental warranty:

All Porcelain/Ceramic Crowns, Bridges, Inlays, Onlays, Porcelain Veneers

If these porcelain/ceramic restorations fracture with normal use during a period of five (5) full years from the date of their initial placement, we will replace or repair these at no additional charge.

All Gold and porcelain fused to metal Crowns, Inlays, Onlays and Bridges

If our all gold or porcelain fused to metal restorations fracture with normal use during a period of ten (10) years from the date of initial placement, we will replace or repair them at no additional charge.

Dental Sealants

If our dental sealants are in need of repair with normal use during a period of two (2) years from the date of initial placement, we will replace or repair them at no additional charge.

Composite Fillings or Bondings

If our composite fillings or bondings fracture with normal use during a period of two (2) years from the date of initial placement, we will replace or repair them at no additional charge.

Dental Implants

If our implants fracture or fail within a period of two (2) years following the initial surgical placement, we will replace or repair any fractured or failing implant at no charge or refund your fee at our discretion. Exception: Diabetic condition that goes from controlled to uncontrolled can cause serious damage to all oral structures including the supporting bone around implants. The good news: We don't perform dental implant therapy for uncontrolled diabetics. So as long as a diabetic is well controlled consistently, no problem with dental implant therapy. More good news: Our long term success rate of 10 years is 90+%.

Conditions

To keep this warranty valid, you must: 1.) maintain uninterrupted membership in our practice. 2.) keep your prescribed regular continuing recare appointments (with no appointment varying more than (30) thirty days off our recommended schedule). 3.) maintain your account in good standing and 4.) have all recommended dental treatment(s) performed by the doctors at the West Olds Dental, with the exception of treatment recommended by us elsewhere. This warranty does not include services not mentioned above, including gum line desensitization, root canal therapy & night guards; nor does it cover damage to teeth or dental prosthesis caused by accidents, trauma, dental caries (cavities), periodontal (gum) disease, neglect or improper use (e.g., grinding, clenching, chewing ice or biting non food items).

Patient signature: _____ Date _____

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A MESSAGE FOR YOU FROM WEST OLDS DENTAL

West Olds Dental

Discover how a trip to West Olds Dental can put you on the path to improved dental health and a beautiful smile.

We look forward to seeing you! Here's a little more about us...

Dear Friend,

I say 'friend' because I truly hope we will become friends…I hope that you will find this information valuable and give us the opportunity to significantly help you not only with your dental health but also to help you look and feel your best.

People are surprised to discover just how much dentistry has evolved over the years; maybe you will be too!

Neglecting your dental health can have consequences to your teeth and gums, as well as your entire body, and that is our primary concern. We also want to make you look and feel great, and that starts with your smile.

From my first day in practice back in 2010, I have seen the power of a smile and what it means to a person to restore their dental health, put an end to tooth pain, and restore the ability to enjoy food again.

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I also have seen hundreds of fellow Airdrie residents overcome their fear of dentistry through sedation to finally get the treatment they needed but had put off, some for many years, because of fear.

Family Friendly Office

Many of our team members are parents themselves and know how scary the process can be for kids. In fact, our team and their families are our patients, and they can tell you they wouldn't want to take their loved ones anywhere else.

By joining our family, you never have to worry about not knowing who to call if your child gets a tooth knocked out in hockey practice or after a tumble off their bike. We've got you covered!

Our patients matter to us, which is why we offer same-day emergency appointments and limited after-hour care.

The top 5 reasons why your fellow Alberta residents choose West Olds Dental include:

- Our convenient hours, including evening and Saturdays so you can get your families' dental needs taken care of without missing work or school.
- Sedation options, from 'just taking the edge off' to 'completely out'
- Highly qualified dentists including pediatric specialists
- Same-day appointments for urgencies or emergencies- call us in the morning and we'll get you in today
- Flexible payment plans
- And a dedicated emergency line for our patients and their friends and family.

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I'm proud of what West Olds Dental stands for, and our mission to change the face of dentistry.

We have highly qualified team and exceptional customer service. I hope that after you experience what we have to offer, we will be able to thank you for giving us the honour of treating your family and friends.

Sincerely,

Dr. Olivia Cui
West Olds Dental

Your Smile Is More Important Than Ever Before

Many of our patients have reported their friends and family say they look younger after they got their veneers or whitened their teeth...others say there self confidence shot up by improving their smile, they felt a renewed sense of youthfulness, vitality and overall good health. These same patients refer their friends and family to us and encourage them to make that same investment they did so they can feel the same way.

If your looking for similar results be sure to ask us about our cosmetic dentistry services. It will forever change your life!

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Let Your Smile Shine!

No matter how hard you try, there's just no hiding a mouthful of chipped, stained or crooked teeth. You can try the toothless grin, smiling with your lips clamped shut. You can test the partial smile, showing just a hint of teeth but no real detail. You can even practice turning your head away when you laugh or covering your mouth with a hand.

We know this because are patients share this with us in confidence, when they finally arrive at our office they say they are tired of covering up and finding creative ways to hide their teeth. Its sad they have lived this way...breaks our heart…but we are always glad they showed up. Why? Because we can make a huge impact on their life by doing what we do best…creating beautiful smiles.

Its way easier than it used to be, with little effort and a few appointment's you'll have the smile you always wanted.

Not only that, but you don't have to wait nearly as long for the results either! In just a few short weeks or months, depending on your situation, you can have a glorious new smile that lets your smile shine, and lets you be you.

Now, of course, taking good care of your teeth is more important than just looking good…

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The additional services we offer include:

- Rapid take home tooth whitening to give you white, bright teeth now.
- Super-Strong tooth-colored materials so teeth don't look gray or dark at the gum line… giving natural looking teeth.
- Comprehensive consultation for challenging or difficult situations restoring smiling and chewing to how they should be.
- Dental Implant Therapy – To replace missing teeth and rebuild smiles, performing all aspects of the treatment, surgery and restoration on-site.
- Gum Therapy – Which includes using technology like lasers, plastic surgery for your gums to make them look great, regenerative surgery using bone grafts to rebuild missing bone, and specialized antibiotics to treat resistant gum disease.
- Intra-oral video and digital cameras – so you can see what we see and better understand your dental health.
- Digital x-ray evaluation – to reduce radiation by up to 90%.

Would You Invest In Your Smile If It Meant…

- ☐ Developing more self-confidence,
- ☐ Keeping your teeth for a lifetime,
- ☐ A healthier you…

Let us Match you with the Smile you Desire

We are passionate about helping people. Whatever your goals are, whether you want your teeth whitened, to improve your smile with cosmetic dentistry or implants, or if you just want to have a healthier, pain-free mouth…We will make it happen!

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Tooth Loss Is Not A Laughing Matter

A person's life span is actually affected by keeping or losing his teeth! If at all possible, you want to keep your natural teeth as long as you possibly can. If you will act to prevent or reverse gum and bone disease, you can prolong the life or function of your natural teeth and possibly add years to your life.

We have a complete program designed to do EVERYTHING POSSIBLE to prevent, reverse and manage gum problems through non-surgical and generally comfortable treatments.

You Never Have To Miss Work Or School

With our extended hours*, you and your family can have all your dental needs taken care of without having to miss work or school. Even treatment like having your teeth or your child's teeth straightened can be done around work and school schedules.

*Limited extended hour appointments available, please call for availability.

Sedation For Dentistry Has Arrived!

If you are afraid of going to the dentist, you are not alone!

In a recent Canadian survey reported in Oral Health, 5.5% of respondents reported being "very afraid or terrified" of dental visits, and a further 9.8% were "somewhat afraid". They are so anxious that some put off much-needed dental treatment for years.

Why do so many avoid the dentist?

Why do they put off much needed treatment?

Here are a few reasons why people have told me they avoid dental treatment.

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PEOPLE who…

want a big bright smile!

Do you have missing teeth and want to restore your beautiful smile?

With dental implants, we can replace your missing teeth with teeth that look and feel natural; the next best thing to the ones you were born with.

Are you nervous about seeing the dentist?

Our primary focus is making sure you are receive the best dental care and experience. From our friendly staff, to multiple sedation options we are here to ensure your dental journey is pleasant and stress-free. Just ask our patients!

Do you have crooked or discoloured teeth?

With braces or Invisalign clear aligners we can straighten your teeth in no time. Your smile can be dazzling in as little as one visit with Zoom! Whitening, dental bonding, and porcelain veneers.

If you have neglected care, have bleeding gums, tooth decay, or worse, you will NEVER be humiliated or criticized by any member of our team! NEVER. You will be treated with the respect, courtesy and care you deserve. We treat you like we treat our family.

As part of your first visit and confidential consultation, our doctors will clearly explain your dental and gum health conditions, problems and needs, how your health is being affected and all of the options available to you for periodontal and dental treatment.

We will also discuss the options available to improve the appearance of your smile, if you wish to know more about these options. Our doctors and the West Olds Dental team are dedicated to making you look and feel incredible!

There is no need to be anxious

Our doctors are accustomed to caring for anxious patients who have put off dental care and may have especially difficult and challenging problems. With today's sophisticated treatment technologies, your dentist's expertise, open conversation and accommodations for your anxiety, the most fearful and phobic of patients are able to relax – and are surprised at how comfortable their experience turns out to be!

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Are you just looking to have a pretty smile again?

We offer services ranging from bleaching to total cosmetic make overs. As you know, your smile is a key feature. Recent research published in the American Dental Association Journal shows that the American public considers your teeth to be your most important asset in assessing how you look, even more than your eyes and skin.

Our doctors have the experience and training to help people with severe dental problems and restore their dental health.

Have you neglected your dental health?

There's nothing to be embarrassed about. We understand. Well over 40% of North American adults avoid going to the dentist – often going years without check-ups or putting off needed treatment of gum disease which causes bone loss, tooth decay, and other problems.

If you're in this group, you are NOT alone! Why do so many people avoid the care that can be so beneficial? Many people have had uncomfortable or unpleasant experiences in the past, as children or as adults. Some people are embarrassed about being "chickens" in the dental chair.

Some people believe that dental care is always painful, but with today's technologies, that's just not the case.

Our dentists wants you to know: that was then, this is now!

Right now, you are engaged in a real battle for longevity of your teeth and quality of life.

The real dangers of not taking care of your dental health are the risks to your overall health. New research has confirmed untreated gum disease is related to:

- heart disease
- stroke
- cancer
- a shorter lifespan

Simply put, you cannot afford to let your fears and embarrassment stand between you and care that can improve your health, significantly reducing further risks and complications later. It's perfectly okay and there's nothing to feel uncomfortable about.

WEST OLDS DENTAL

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ARE YOU READY? TAKE THIS QUIZ

Is my health being damaged by my teeth?

Could it be helped by your West Olds Dental dentist?

TAKE THIS QUIZ

Give yourself 4 points for each "Often," 2 points for each "Sometimes," and 0 points for each "Never."

1. My gums are tender, sore, sensitive to cold.
___Often ___Sometimes ___Never POINTS_____

2. My gums are swollen and puffy.
___Often ___Sometimes ___Never POINTS_____

3. My gums bleed when brushing or flossing.
___Often ___Sometimes ___Never POINTS_____

4. There are "pockets" between my gums and my teeth where food gets lodged and it's hard to get out.
___Often ___Sometimes ___Never POINTS_____

5. I have general mouth pain.
___Often ___Sometimes ___Never POINTS_____

6. I have loose teeth or pain that causes me to chew more on one side of my mouth than the other.
___Often ___Sometimes ___Never POINTS_____

7. I don't fully and completely chew all my food.
___Often ___Sometimes ___Never POINTS_____

8. I have digestion problems (upset stomach, bloating, gas) and use antacid tablets or liquid or enzyme tablets to medicate myself.
___Often ___Sometimes ___Never POINTS_____

9. I have bad breath and try masking it with breath mints or gum.
___Often ___Sometimes ___Never POINTS_____

10. Despite taking medication and "doing the right things", I have a lot of trouble controlling my blood sugar levels.
___Often ___Sometimes ___Never POINTS_____

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11. I have been told I have gum/bone problems or gum/bone disease now or in the recent past.
___Often ___Sometimes ___Never POINTS_____

12. I have had a past history of gum/bone problems, disease, infections.
___Often ___Sometimes ___Never POINTS_____

13. Something always seems wrong with my teeth.
___Often ___Sometimes ___Never POINTS_____

14. I have bad check ups.
___Often ___Sometimes ___Never POINTS_____

15. My friends and family tell me I have unpleasant "fruity-sweet" smelling breath.
___Often ___Sometimes ___Never POINTS_____

16. I have loose teeth or sensitive teeth.
___Often ___Sometimes ___Never POINTS_____

17. I never brush or floss after a meal.
___Often ___Sometimes ___Never POINTS_____

18. I do not get regular dental check ups.
___Often ___Sometimes ___Never POINTS_____

19. I often have "dry mouth" that makes me feel like drinking water all the time or my cheeks stick to my teeth.
___Often ___Sometimes ___Never POINTS_____

20. I look in the mirror and wish that my teeth were white and that I had a better smile
___Often ___Sometimes ___Never POINTS_____

TOTAL POINTS ..... TOTAL POINTS_____
(Often = 4, Sometimes = 2, Never = 0) [Scoring Details on Back >]

HOW DID YOU SCORE?

If you scored 47 or more, you are almost certainly having **significant to severe dental or gum health issues** that are not only affecting your health but also how you look and feel about yourself. It is extremely likely that there are periodontal and dental treatment options that can be significantly helpful in managing your overall health and appearance . You are strongly advised to immediately arrange for a complimentary, confidential consultation.

If you scored from 28 to 46, you may be suffering from **mild to moderate gum and bone disease**, low grade infection, tooth decay, bone loss or other dental problems. These problems may or may not yet be affecting your health, but they are likely to worsen with time and become more difficult to treat. Intervention now could be relatively easy and highly effective at preventing future complications and helping you keep or get the beautiful smile you deserve. You are advised to immediately arrange for a complimentary, confidential Consultation.

If you scored only 27 or fewer, you are probably not experiencing significant periodontal or dental problems that would affect your overall health. However, **EVERYONE is advised to get a routine dental check up every 6 months**. This will make you look and feel great! And you are welcome to arrange for a complimentary consultation with one of our doctors.

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WHAT TO EXPECT AT YOUR INITIAL CONSULTATION

Your First Step to Instantly Improved Dental Health & Appearance

Your Personal Consultation

How To Get The Radiant Smile

You've Always Wanted... Even If You Thought It Was Impossible

No matter how hard you try you can't hide chipped, stained or crooked teeth.

When was the last time you smiled ear to ear for a camera?

Who was the last person to compliment your beautiful smile?

How often do you light up a room just by walking into it?

Can't remember? We can help…

At West Olds Dental, it's our passion, our commitment and our mission to help good people like you learn to smile again… no matter what your teeth currently look like.

Here's what investing in your smile can do for you:

- ✓ Make you look up to 10 years younger
- ✓ Improve your confidence and communication dramatically
- ✓ Allow you to finally be able to eat the foods you've been avoiding

Evaluate Your Smile, It's Easy!

Do you have a pen in hand? How about a mirror and bright light? Good! Now all you have to do is look at your teeth in the mirror while reading through the Smile Checklist provided below. As you work your way down the list, simply check off each descriptor that applies to you.

Let's get started!

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Smile Checklist

- ☐ Are your teeth worn? Do they look short?
- ☐ Are they shaped improperly or asymmetrically?
- ☐ Are there gaps?
- ☐ Look closely at the color- are your teeth dark or stained?
- ☐ Are you missing teeth?
- ☐ Do you show too much gum?
- ☐ Do you show too much of your teeth?
- ☐ Do you have dark fillings in the side teeth that look gray or black when you smile?
- ☐ If you have replacement teeth, do they look natural? Are they the same color as your other teeth?
- ☐ Do your teeth feel uncomfortable or painful?
- ☐ Do you struggle to chew certain foods without pain or embarrassment?

So how did you do? Is your smile perfect or could it use a little updating…maybe even a bit of remodeling? If you're like most people today the answer is probably a resounding, "YES!!"

And even if it isn't, even if you don't know why you don't like your smile, you just know you don't, we can help. From smile makeovers to tiny touch-ups, our passion is matching you with the smile you desire.

WHAT TO EXPECT AT YOUR FIRST VISIT...

WHEN YOU Arrive

You will be greeted warmly by a team member who will show you the various amenities in our practice. Next we will introduce you to our trusted dental hygienist who will be taking care of you through every step of your visit.

Your Personalized Complete and Thorough Dental Exam

You will speak with your dentist, dental assistant and hygienist about your overall medical health and your dental health and any cosmetic improvement that you would like to undertake. We take the time to speak to you about your smile goals, and personalize your treatment plan based on what your goals are. This includes a complete examination, your teeth, gums, and jaw joint, as well as, an oral cancer screening that will be added to your file. Imaging of the teeth and jaw may be necessary to determine the health of your teeth and jaw bone.

Every step of this exam and its purpose will be clearly explained to you. You will then

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consult with the dentist, who will review the recommended plan in detail and answer any questions you may have. Our job is to show you what dentistry can do for you. Your job is to decide whether you want all, some, or none of the dentistry we propose.

It will become clear at your visit that this is an extremely complete dental exam. Rest assured it will be comfortable. Our team will explain everything they are doing and answer your questions along the way.

As such, you should allow for 2.5 hours for x-rays & cleaning. This will ensure that we are able to answer all of your questions, including a reasonable estimate of your insurance assistance so that you know exactly what your treatment plan looks like, including costs, in detail.

How To Get The Smile You Want and Deserve

with the Modern Miracle of Dental Implants

Who Benefits From Implant Dentistry?

- Denture wearers, frustrated and tired of the problems of full dentures and partial dentures… sick of the goo…, the pain…, the embarrassment of teeth that can literally fall out of their mouth.
- Those with bone loss due to missing teeth for a long time that is causing them to look older prematurely.
- Those who have missing teeth or those about to lose teeth due to decay or fracture.
- Accident victims from motor vehicles, baseball, football, or any other sport who want to regain function and appearance.
- Those with a mouthful of problems that just seem to get worse.

Those looking for treatment designed specifically for your personal, unique needs in as few visits as possible

- Those who wish to sleep well at night, secure in the knowledge they have received excellent dental care based on their personalized, detailed plan.
- Those with dentures that "float around" displacing at the worst possible times.
- Those disappointed with earlier attempts to fix their teeth.
- Those who want to recapture their youthful appearance.
- Those who have significant gum disease.
- Those people who feel they are (as several patients have put it) "Dental Disasters" with no place to turn.

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How Will Dental Implants To Replace Missing Teeth Look?

The short answer is just like YOUR TEETH. Implants can be designed to fit perfectly in terms of shape, color and size with your existing teeth, or you can get completely new ones!

The long answer is…

A dental implant is a bio-compatible, man-made substitute that replaces a missing tooth or multiple teeth - even all teeth if necessary. Implants are made of titanium and come in various shapes and sizes. Most are cylinders placed into bone and left undisturbed while the bone heals around them, locking them in like an anchor.

After a few months, the implants are used as a foundation for replacing the missing teeth. Dental implants restore lost chewing ability, improve appearance, end embarrassment, and give real self-confidence to patients who need them. They truly are a breakthrough.

Do It For Yourself And Your Loved Ones

You and your loved ones deserve to live your lives free from embarrassment, lowered self-confidence, insecurity and general discomfort. Even those of you who feel your situation is hopeless can be helped—I guarantee it!

Don't let this incredible opportunity pass you by. Claim what's rightfully yours and get the vibrant, fulfilling, joyous life you've always wanted and the brighter, whiter smile you deserve. Simply call our office today to schedule your Free Implant Examination, 587-813-5440. (There's no obligation. It's really FREE!)

Did you know 75% of all North Americans experience feelings of anxiety about going to the dentist?

Did you also know that as many as 30 million North Americans are very afraid of the dentist?

So believe me when I tell you you're not alone.

I realize that as an intelligent, knowledgeable person, you already understand the importance of healthy teeth and gums—how they enhance your good looks, give you a more youthful appearance, keep you pain-free and promote overall good health.

I also know that doesn't amount to a hill of beans when you feel queasiness and anxiety at the thought of visiting the dentist. Fortunately, those days are long gone.

At West Olds Dental, we realize that whether your aversion to the dentist comes from hearing one too many horror stories, or from a traumatic experience you've had in the past, it's real - and no amount of wishing is going to make it go away. We understand this.

We make you feel comfortable & at ease

It is our experience that giving patients the opportunity to express their fears is the key to defeating dental distress. Therefore, we encourage our phobic patients to discuss their fears with our team. There are many options to make your treatment comfortable. We are proud to offer various levels of sedation to our patients who are nervous about their upcoming appointments.

In addition to taking the time to discuss patient's fears, our experience tells us that patients feel more at ease when they take part in decisions about their treatment. That is why your complete exam involves co-diagnosis. Our job is to show you what dentistry can do for you. Your job is to decide whether you want all, some, or none of the dentistry we propose. In other words, you decide how quickly you get your mouth healthy. You may be able to have treatment completed in one or two long appointments or have a series of shorter appointments or have procedures done one at a time. You decide what works best for you.

During the appointment, we explain what's happening at every stage of the procedure. And, throughout the procedure, we take short breaks to update you on how the treatment is progressing. This helps to lower patients' anxiety. When you know what the dentist is about to do next, you can prepare yourself. You won't be taken by surprise.

On the other hand, some people may feel less anxious if they don't know what's happening. If this is true for you, communicate this to us. We adapt to your wishes whenever possible.

If You Think There's No Such Thing As A Comfortable,

Relaxing Dental Visit, Then You Are In For a Pleasant Surprise!

On the other hand some people may feel less anxious if they don't know what's happening. If this is true for you, communicate this to us. We adapt to your wishes whenever possible.

Another helpful technique is our stop signal - when you raise your hand, that is our signal to stop everything right away. This gives our patients a greater sense of control and this simple technique lessens anxiety. You don't have to wait until you're having pain to give the signal. You may ask us to stop because you'd like to rinse your mouth or simply catch your breath, or just take a break for a few seconds.

Bottom line, you may feel embarrassed to discuss your fears. Remember that you are not alone. Fears are not uncommon. Once we know what the issues are, we will be better able to find workable solutions to fit your specific situation.

Pain Control

Fear of pain is the main reason people avoid seeing the dentist. Even those who schedule regular dental appointments cite fear of pain as being a significant issue.

In recent years, dentistry has developed a wide variety of techniques to handle pain, reducing or eliminating it during most procedures. These include:

Topical anesthetics — Applied directly to the surface of the tissue, topical anesthetics are used routinely to numb an area of the mouth or gum before a local anesthetic is introduced.

Nitrous oxide (laughing gas) — This is one of the most common forms of in-office pain control. The gas may make you feel relaxed and generally happy. The effects wear off quickly once the gas is turned off. Nitrous oxide generally is used as a supplement to anesthetic, not as a replacement.

IV Sedation — This is a great option for patients who would like to complete as much work as possible in one appointment, and who also don't want to remember it! Most patients are relaxed throughout the appointment and don't retain any memory of the procedure once the sedation is administered.

Sedation

We can also prescribe sedatives such as diazepam (Valium) to relax the central nervous system. This is different from analgesics, which block pain. Sedatives help people feel calmer and more relaxed.

Sedation is an excellent option for those who are mildly apprehensive all the way to severely anxious about dental treatment. West Olds Dental has options from nitrous oxide gas that will help you to simply feel more relaxed and happy, all the way to general anesthesia, where you are completely unconscious with no memory of the treatment. if you are interested in sedation, will discuss these options with you to help you determine which will best meet your needs.

Who's It For?

Sedation during dental procedures can help if you have:

- Sensitive teeth
- A fear of dentistry
- A bad gag reflex
- Trouble with regular freezing

- Hate needles
- Or just have limited time to spend getting your dental work done.

Since you are completely comfortable and relaxed your dentist can do years of dental work in just one or two visits

What Does Sedation Feel Like?

It depends on the level of sedation you choose. With lighter forms of sedation, you're not unconscious, but you're pleasantly relaxed. Often you know what is going on but don't care. Most of our patients report feeling just unaware enough to be calm and relaxed. And when it's over you'll feel refreshed, with little or no memory of the treatment performed.

With deeper forms of sedation like general anesthesia, you are not conscious, and have no memory of the treatment. You become unconscious breathing through a mask, and once you are 'out' we can place an IV line and airway tube and begin treatment.

The best form of sedation for you is very much dependent on your level of anxiety, the amount of work to be done, and your desire.

The problem of anxiety or fear that you just can't seem to shake is quite common. I understand this and I want to help.

How?

Cast your doubts, worries and fears aside today, knowing sedation for dentistry can be your answer to the healthy, vibrant, attractive lifestyle you've always wanted. Don't let those nagging voices inside your head jeopardize your future. Don't let them make you feel too embarrassed to get help…to take action. Get the treatment you deserve.

Call us today at 587-813-5440, and your visit will include a comprehensive exam of your teeth, oral cancer screening, jaw joint health review, gum disease exam, review of your medical and dental history and a preliminary evaluation of your smile.

Crowns, Inlays & Onlays

What Is A Crown And What Is The Process of Getting A Crown?

A crown is a highly durable porcelain shell that is fitted to your tooth to cover and protect it from fracturing, or to restore it once it has fractured, as long as the fracture is not too deep.

First an impression is taken which is sent to our ceramist who begins working on your crown.

Next, a temporary crown is placed on the tooth so you can chew and function as normal until your porcelain crown is returned from our lab. This usually takes about 2 weeks. This appointment takes about an hour.

At your second visit, the temporary is removed and the porcelain crown is placed. You can go back to life as normal right away. This appointment takes about 30-40 minutes and you leave the office with a beautiful, permanent crown.

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Before and After Porcelain Crowns, Inlays and Onlays

We use beautiful porcelain crowns to update a patient's smile, and to strengthen weak and fractured teeth.

We often will remove old metal fillings and restore the remaining teeth with all ceramic crowns.

The dentist replaced this patient's metal fillings with durable and attractive ceramic restorations.

Invisalign®

Get straight teeth at any age with Invisalign® - the Clear Alternative to Braces

Crooked, crowded, or oddly placed teeth can be a detriment to your sophisticated image, but what adult wants to wear braces for two years? With Invisalign®, we can correct problems, straighten your teeth, and give you a great smile often in just months. Like the name states, the clear aligners are almost invisible, and minimally intrusive on your daily life.

Invisalign® clear aligners work like traditional braces, but they are removable, allowing you to remove them to brush and floss your teeth as well as to eat, or for that big presentation at work or school.

Removable. Comfortable. And Nearly Invisible.

Image-conscious teens and adults can maintain a professional image while receiving orthodontic treatment. Invisalign® offers convenience, especially if you're preparing for a big event when image will be important, like a wedding, family reunion, or job search. You might think it takes great force to move teeth quickly but, actually, it is just the opposite. This proven method involves continuous low force through a series of aligners that you change on your own every two weeks. Each aligner only moves the teeth a prescribed amount to comfortably produce results in the teeth that show when you smile.

In addition, Invisalign® requires fewer office visits, about one every 6 weeks, so you save time. Of course, we can work with your insurance company or establish a payment plan that will fit your budget without impeding on your lifestyle.

In a short time, you can have the picture-perfect smile you've always wanted!

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SERVICE & TECHNOLOGY

Tooth-Colored Fillings

At West Olds Dental, almost all fillings are placed with durable tooth-colored composite materials. You won't have to concern yourself with the grey-black appearance of the metal filling materials.

Comfortable Dentures that fit well!

It is no secret that most denture wearers don't enjoy their dentures. We understand that.

We advocate the use of dental implants to retain and stabilize dentures, especially troublesome full lower dentures.

Five-Star Service

Welcome to West Olds Dental, your new dental home. Our dental office is designed for comfort. On occasion our guests have commented that our reception room is more like a living room than a dental waiting area. And that description pleases us. Our goal of providing you with 5-Star care is complete!

West Olds Dental, we believe that your comfort should come first. We believe that healthcare is both vital and necessary to your well-being. But, it needn't be uncomfortable. So, while you are with us, we invite you to try our beverage center where you can choose from among tea, coffee or a cold drink. We have Wi-Fi and an iPad center loaded with games to keep your little ones occupied. When it comes time for your treatment, you'll love our 5-Star Service in the Treatment area!

We are eager to serve you. We are sure you will be pleased with the treatment as well as the way you are treated. Reach us at 587-813-5440. If it is more convenient, visit our website (westoldsdental.com). We look forward to having you as our guest.

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SERVICE & TECHNOLOGY

All Services Provided In House

At Airdrie Springs Dental we don't want you to have to bounce around from one office to another to get all your dental work done. We have a broad range of skills and expertise, as well as a team of on-site specialists to allow you to get all your work done here at our office without having to be referred out for most treatments like implants, root canals, or braces.

General Dental Services

The first priority is to help our patients maintain good oral health. The best way to do that is with regular checkups and hygiene appointments. Having extended hours means we can probably fit you in just about any time that is convenient for you. This flexibility allows you to easily make and keep your hygiene appointments without having to miss work or school.

Of course if you do have other dental problems like a cavity, broken tooth, or need cosmetic work like teeth whitening, veneers, or even a total restoration, we can easily take care of that too.

Dental Implants

With today's surgical techniques, implant success rates exceed 90%.

Dental Implants have been around for more than 50 years now. If you have diseased or missing teeth, and your gums and bones are relatively healthy, dental implants are usually the best option. Compared to other older solutions like dentures and bridge work, today's latest implants are a permanent solution with many advantages.

Rather than connect replacement teeth to existing teeth as with the older denture, or crown and bridge techniques, today leading dental organizations recommend clinically proven implant systems as the standard of care for tooth replacement. Implants are a truly permanent solution more like a natural tooth. As you can see from the pictures, the implant is a complete replacement, not just a fixture designed to fit into your mouth.

One major advantage of implants over other tooth replacement options, like fixed bridges, is that the structure of the implant does not decay as tooth structure does. This means you can not get a cavity on an implant, whereas you could on the tooth that is part of your fixed bridge. Also implants are conservative of tooth structure. You don't have to "cut into" other teeth in order

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to place an implant, whereas placing a bridge to replace your missing tooth requires removing/drilling into other teeth in order to place the bridge on top of them. The list of advantages goes on, however, not everyone is a candidate for an implant and a proper assessment by your dentist is necessary to determine your eligibility and chance of success.

Implant Retained Dentures

Do Your Dentures Shift, Tilt, or Wander? Eliminate denture problems with implant retained dentures!

For years denture wearers have had to put up with dentures that don't stay in place. With implant retained dentures this problem can be a thing of the past.

There are two main types of implants that can be used to secure dentures, conventional (full) implants and mini implants.

This method of securing your dentures uses the same type of implant that is used to replace individual teeth. You may need as few as two full implants to give you dentures that will transform the way you are able to eat and smile.

Once placed a small "button" is inset into your denture that "snaps" onto the implant holding your dentures in place without slipping. No more messy "denture glue"!

Sleep Apnea

If you or someone you love snores, gasps for air, or shows frequent fatigue during the day, it may be caused by undiagnosed Obstructive Sleep Apnea.

Sleep Apnea is a life-threatening condition. Heart attacks, strokes, high blood pressure, heartburn, impotence, morning headaches, and chronic daytime sleepiness are common symptoms of this severely under diagnosed condition.

Many people... have difficulty wearing the traditional treatment for apnea, the Continuous Positive Air Pressure mask, or CPAP. Specially trained dentists can now create a special dental appliance specifically designed to be worn at bedtime to open the airway and allow natural, comfortable breathing. It is very well tolerated and our success rate is over 90%. Another benefit from therapy is that it is not uncommon for women to shed up to twenty pounds within the first year, most likely to due higher energy levels and activity."

The American Academy of Sleep Medicine and the FDA now recommend oral appliance therapy as one of the preferred treatment for mild to moderate apnea. The result: a quiet, healthy night's sleep for both partners and happier relationships!

Intra-Oral Cameras

At West Olds Dental we have a piece of equipment to help you better understand your dental health. It's called the intra-oral camera, which is really just a tiny video camera that looks like a pen. It connects to our computer system and links to the screen in front of you. The main advantage of the intra-oral camera is that we can show you what condition your teeth are in, or what we are doing with your teeth.

The intra-oral camera can easily be moved around the inside of your mouth. It provides you with a tooth by tooth visual exam of your teeth so you can see your teeth enlarged in full color on the TV screen. We can freeze and store the picture of the inside of your mouth for a bigger and better look and then take an instant photograph of you for your records.

Intra-Oral Camera

This painless, no-radiation device works just like any digital camera and allows you to see problems such as worn-out or defective fillings, fractured teeth, decay, bleeding gums and plaque. Together, you and your dentist can discuss the best treatment plan for restoring your mouth to optimal health.

The intra-oral camera is a tremendous educational tool which shows you what is going on with your teeth ... rather than your dentist merely trying to describe it to you in words!

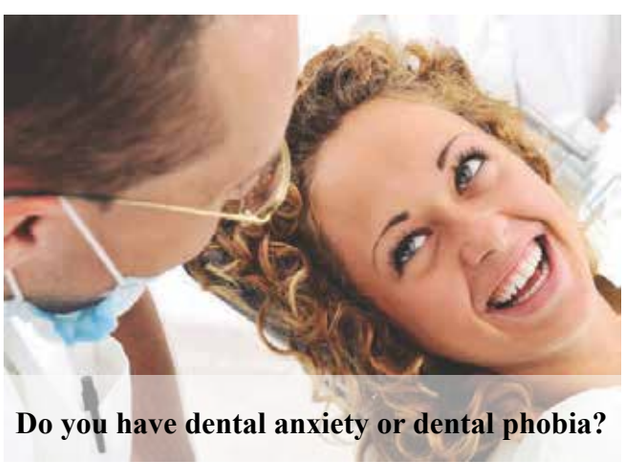
Sedation For Dentistry

Are you afraid of going to the dentist?

We have seen hundreds of people who range from anxious about dental treatment to severely phobic.

Relaxation and sedation options are available at West Olds Dental to help you receive the dental care you need while being comfortable and free from dental anxiety. Our team has been trained in various types of dental sedation options.

The most popular types of dental sedatives are nitrous oxide and oral conscious sedation. Different levels of sedation can be utilized depending on an individual's need.

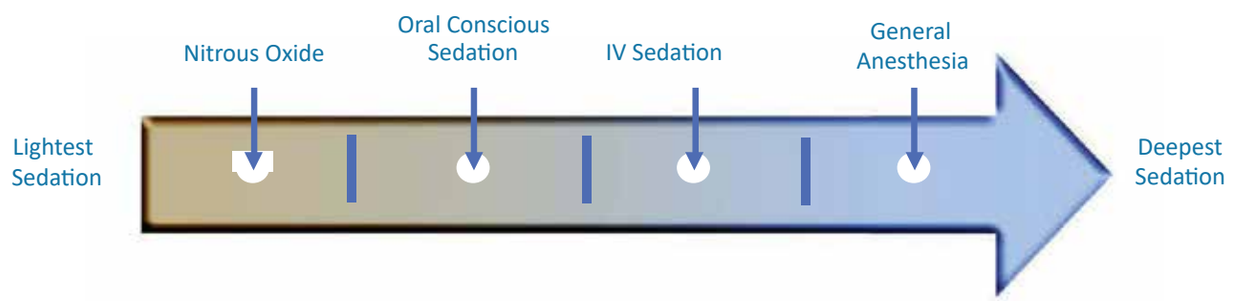


Do you have dental anxiety or dental phobia?

Nitrous oxide is typically used for mild anxiety, where Oral Conscious Sedation is an ideal sedation option for moderate anxiety towards dental treatment and for those with a fear of needles.

Sedation for dentistry allows you to receive the dental care that you want without the fear and anxiety often associated with dental treatment. You can take comfort in knowing that absolutely nothing will be done until you are completely comfortable. It is also great for busy individuals who don't have time to dedicate to multiple dental appointments.

For patients with severe anxiety West Olds Dental now provides Deep Sedation and General Anesthesia for both children and adults. This option allows you to be completely unconscious while being safely monitored by our staff Dental Anesthesia Specialist, and our team of registered nurses.



Types Of Sedation

Nitrous Oxide (Laughing Gas)

Nitrous oxide, or 'laughing gas" can be added onto just about any dental appointment on request, even cleanings! The gas is delivered through a soft nose piece and provides relaxing effects within the first few minutes. With nitrous oxide you are still completely conscious, just relaxed. Local anesthesia will also be used as needed. Once your treatment is complete, the nitrous gas is turned off and the relaxing sedative wears off within minutes. You will be fully recovered at this point and can drive yourself to and from the appointment.

Oral Conscious Sedation

Oral conscious sedation is the perfect compromise between deeper levels of sedation and nitrous oxide. The medication is taken by mouth and makes you feel very sleepy. Although you will still be conscious, it will usually feel like you are dreaming or taking a light nap. Oral sedation lasts for several hours, and in most cases, all of your treatment can be completed in one visit. By the time sedative effects begin to wear off, your dentist will be finished restoring your smile.

Oral sedation is one of the safest options for sedation in the dental office. Nearly all healthy patients are candidates and it works for people age 11 and older (we have options for younger children as well). The medication has a wide margin of safety and is administered when you arrive at the office. Local anesthetic is still required to make sure you are comfortable - it is given after you are sedated and before treatment begins. As a result of the properties of the medication used, most patients report little to no memory of the visit. You will need a ride to and from the appointment and there are special precautions to follow before the visit.

IV Sedation

This is a great option for patients who would like to complete as much work as possible in one appointment, and who also don't want to remember it! Most patients are relaxed throughout the appointment and don't retain any memory of the procedure once the sedation is administered.

General Anesthesia

General anesthesia allows routine or complex dental treatment to be performed in an unconscious state. This is the method used in hospital operating rooms. It begins with a gas that is inhaled through a mask and then is augmented with medication delivered through an IV line. The IV can be placed after you are unconscious so it works well for all patients - particularly those who are afraid of needles. General anesthesia is the most common form of sedation used for children needing a lot of dentistry done in one visit.

General anesthesia requires specialized equipment and is administered by our Dental Anesthesia Specialist who, along with our team of Registered Nurses, will ensure a safe visit. You will need a ride to and from the appointment and there are special precautions to follow before the visit.

TESTIMONIALS

MEET WEST OLDS DENTAL

A standard of care and technology so revolutionary it should be thought of as extraordinary!

A look at some of the periodontal and dental treatments and technologies...

It's Not "just a cleaning"

Here is what we do at every visit, and why you should never miss one!

For Adults:

- **Gum Tissue Evaluation** – Gum disease not only leads to bone destruction and tooth loss, but it also negatively affects your overall health. Did you know that tooth loss is correlated to shorter lifespan? Incremental evaluations occur at each visit, and a full, comprehensive evaluation occurs every year with a printout of findings for your records and education
- **Dental Evaluation** – Including:
  - **Cavities** – before they get deep into the nerve and cause pain and abscess
  - **Your Bite** – clenching and grinding of the teeth cause premature wear, sensitivity, and even headaches and facial pain
  - **Your Jaw Joint Health** – clicking and popping sounds, locking, and pain can indicate jaw joint dysfunction
  - **Sensitivity** – teeth that are acutely sensitive are often under stress from decay, your bite, or clenching and grinding habits
- **Radiographic Evaluation** – x-rays as needed to detect problems before they become emergencies
- **Review of Trends** – when we see you on a regular basis, we can easily determine when a problem is getting worse and if a course of treatment is effective based on past data collected
- **Sleep Apnea & Snoring Screening**--screening for life-threatening Obstructive Sleep Apnea and Snoring and talking about how these conditions can affect your mouth and quality of life (and your bed partners!

- **Oral Cancer Check** – with direct tissue fluorescence to highlight abnormalities
- **Future Prediction** – we can help you answer the question "what will my teeth look like in 20 years?"
- **Education About The Latest Technology** – Like lasers for gum disease and even for cold sores, digital impressions, and our computerized replacement for the 'needle', and even a way to take away the freezing at the end of your visits!
- **Recommendations To Optimize Your Oral Health** – a custom plan based on your needs and the direction you choose

For Children

- **Airway Assessment** – early detection of dental arch constriction as a result of poor airway
- **Dental Development** – continuous monitoring of your child's dental progress and early detection of problems such as missing adult teeth or deviations from normal eruption patterns
- **Orthodontic Evaluation** – have your child evaluated at an early age to correct problems early on
- **Cavities** – early detection of cavities in children is very important because they tend to progress to the nerve much more quickly than adult teeth
- **Radiographic Evaluation** - x-rays as needed to detect problems before they become emergencies
- **Review of Trends** – when we see your child on a regular basis, we can easily determine when a problem is getting worse and if a course of treatment is effective based on past data collected
- **Future Prediction** – we can help you understand what your child's dental health will be like if you do nothing, vs a course of recommended treatment
- **Education About The Latest Technology** – Like lasers for gum disease and even for cold sores, digital impressions and even a way to take away the freezing at the end of your visits!
- **Recommendations To Optimize Your Child's Oral Health** – a custom plan based on your needs and the direction you choose

...AND our skilled hygienists will clean your teeth...

Because this comprehensive appointment is just one of the ways we provide our patients with outstanding care, and the knowledge needed to personalize your dental treatment plan.

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Ashley Buehler

This dental clinic is amazing. Staff are always friendly and knowledgeable. Very impressed. I will not be going anywhere else from now on. The receptionist always remembers me and greets me with a smile, very helpful, and Olivia could not be sweeter. Check out this office, it's well worth it !!!!

Brandy Werdal

Amazing the girls here are amazing from the receptionist to the hygienist and the dentist. They are all so kind and gentle. I have major anxiety over the dentist from childhood experiences and they made sure I was completely comfortable at all times. I highly recommend west olds dental.

Jason & Michelle Finnigan

Dr. Olivia is the first dentist I have visited that has not pushed a procedure on me, making you feel like they're only in it for the money. She was very nice and professional, and the staff were also excellent with my 2.5 year old daughter. Highly recommend this office!

Ashley Armstrong

I am extremely impressed with this dental office! They are incredibly professional, friendly and thorough. Dr.Olivia and the staff have created a very inviting atmosphere and I would 100% recommend this dental office to everyone.

Kelly Lukens

Absolutely loved this office! All of the staff are so friendly and kind. It was a very comfortable environment. Highly recommend this office to everyone! They are the best!!

Brenda M.

I live in Sundre and when I lost a filling I chose to try out West Olds Dental. I was extremely impressed with Dr. Olivia and all the support staff. Personal, empathetic, compassionate, extremely professional. Facility is modern in decor very comfortable and clean. Free Wifi and bottled water. They direct bill most insurance plans and are very accommodating to your scheduling needs. I look forward to going back to complete the repair to my tooth. Parking out front.

Karissa Hamilton

I cannot say enough good things about this clinic. BY FAR the best I've ever been to. Not only is the receptionist so incredibly sweet and remembers me every time I come in, each staff member goes above and beyond each time! The dental hygienist I just got a cleaning from called me two weeks later to inform me (in great detail) about a question she researched for me - that I had forgotten I'd even asked! She was so knowledgeable, even during the cleaning. I'd learned things about my teeth that I would have never known going anywhere else. Sounds silly, but so true! The dentist is exceptionally kind and I have never felt in better hands.

There are two TVs in every treatment room, and they even give you the remote so you can watch whatever you'd like. Time away from my toddler, getting a cleaning AND getting to choose a channel that ISN'T cartoons for once? Is it sad that it felt like a vacation? Haha

And it's so clean in the office!

Thank you so much, I'll be back soon!!

Jen Wickwire

I absolutely LOVE West Olds Dental! Dr. Olivia is wonderful, kind and very welcoming. The whole staff is warm, very informative and do not pass any judgment. I have completely let go of the anxiety I used to have associated with going to the dentist since coming to this clinic.

D Reim

Recently, my 4 kids and I all had visits at this clinic! The staff are so friendly and helpful and put everyone at ease! Would definitely recommend!

Katiemae101

I came in for a check up and cleaning, i came in scared and anxious, and left no longer scared of the dentist. The staff was great and super helpful and understanding, Would highly recommend them to anyone

Tara Lord

In the past I have had a fear of dentist. When I first started to go to West Olds Dental I didn't even like to open my mouth. Now I walk in with a smile and would recommend West Olds Dental to anyone.

Britt Schepp

Would like to say best dental experience ever!! I have lots of anxieties and Dr. Olivia and her team were amazing!! 100% recommend her!

MIke Kitts

It was my first visit here, and I was surprised at the friendliness of the entire staff the minute I walked in. The establishment is beautiful, and everyone there clearly took pride in it. My hygienist, Jennifer, was kind and very professional. I drove here from Calgary, and it was totally worth the drive. I will definitely be going back. Highly recommend checking them out!

Rachael Odersky

This dental practise definitely surpassed my expectations. I have visited around five different dentists in the past and none of them can compare to West Olds Dental. I was thoroughly impressed with the office layout, professionalism of the staff, and the ease of booking in future appointments. I cannot recommend this practise enough to my family and friends! Keep it up, West Olds Dental!

Davina Daly

Over the years I have looked for a Dental office that would build a plan taking into account my health, my beliefs and my finances. West Olds Dental did just that. From the very first appointment, Dr. Olivia Cui and her staff, listened to my needs, answered questions and presented a plan that was a good fit. I highly recommend this clinic for all your dental needs.

Bonnie Weimer

Amazingly kid friendly! My daughter had to get multiple appointments which were very timely! She had a reaction to a topical freezing and the dentist ordered in a different kind but it took a little longer to take effect so the assistant decided she would apply it the same time as my daughter so she would know roughly when it was working how thoughtful! My son had to have 2 full root intact baby teeth removed due to adult teeth growing behind. He was a champ and so was the staff neither child knew they had needles for freezing never felt a thing! What a great experience for children makes them not afraid or dread going to the dentist! Have recommended to many friends and family!

Brandon B

Thanks for a great cleaning. Friendly staff and the dentist was great. Will be back! :)

Kayla Sumners

Excellent dental office! Very professional and friendly staff, they make you feel comfortable from the time you arrive for you appointment until the time you leave. I highly recommend this dental office :)

Curtis Heemeryck

As everyone knows, we all dislike going to the dentist. But the courteous and professional staff at West Olds Dental made it an enjoyable and comfortable experience. Their building is clean, and all of the equipment is state of the art. I will definitely recommend this facility to all my family and friends.

Rhona Segal

Treated respectfully, concerns and questions answered with great understanding, care, and knowledge, welcomed with generous warmth and smiles, and the best check up, x-rays, and cleaning I've had in 24 years. Dr. Olivia, and her staff are certainly a true gift to have here in Olds. I am a very happy client! Even though I need to go back for fillings (with free zings) I look forward to my return visit. Thank you for this very pleasant experience.

Alyssia Stahl

I've always had terrible dental experiences that left me terrified to go to a dentist or searching for expensive sedation dentistry if I HAD to go to the dentist. When I left Dr Olivia's office i was so amazed at how positive the experience was. She took time to explain what she was doing and why, the office worked with my insurance plan to make things easy and make a realistic plan for getting back on track with my dental health and I walked out after booking my next appointment EXCITED to come back. The girls up front are amazing too! 5 stars for completely wiping my fear of a dental office and giving me back my smile confidence!

Nicole Kotyk

The office was quiet, very clean and organized. The staff was kind, friendly and very easy going which made the experience that much better. I even got to watch Ellen while I got my teeth cleaned. Highly recommended!

Kaleigh Kirby

Extremely helpful and friendly staff, very clean and up-to-date facilities and Dr. Olivia is fantastic! I have had a hard time finding a good dentist and am happy to have found this one! Highly recommend :)

Isabella Othmer

Staff is very kind, polite and knowledgeable. Been referring everyone I know. Thanks for getting me in so fast every time :)

Morgan Gallinger

Staff are great - friendly, efficient and courteous

Chula Min

The best experience I ever had going to a dentist. Friendly, knowledgeable and patient staff. I most definitely recommend them.

Navneet Bhullar

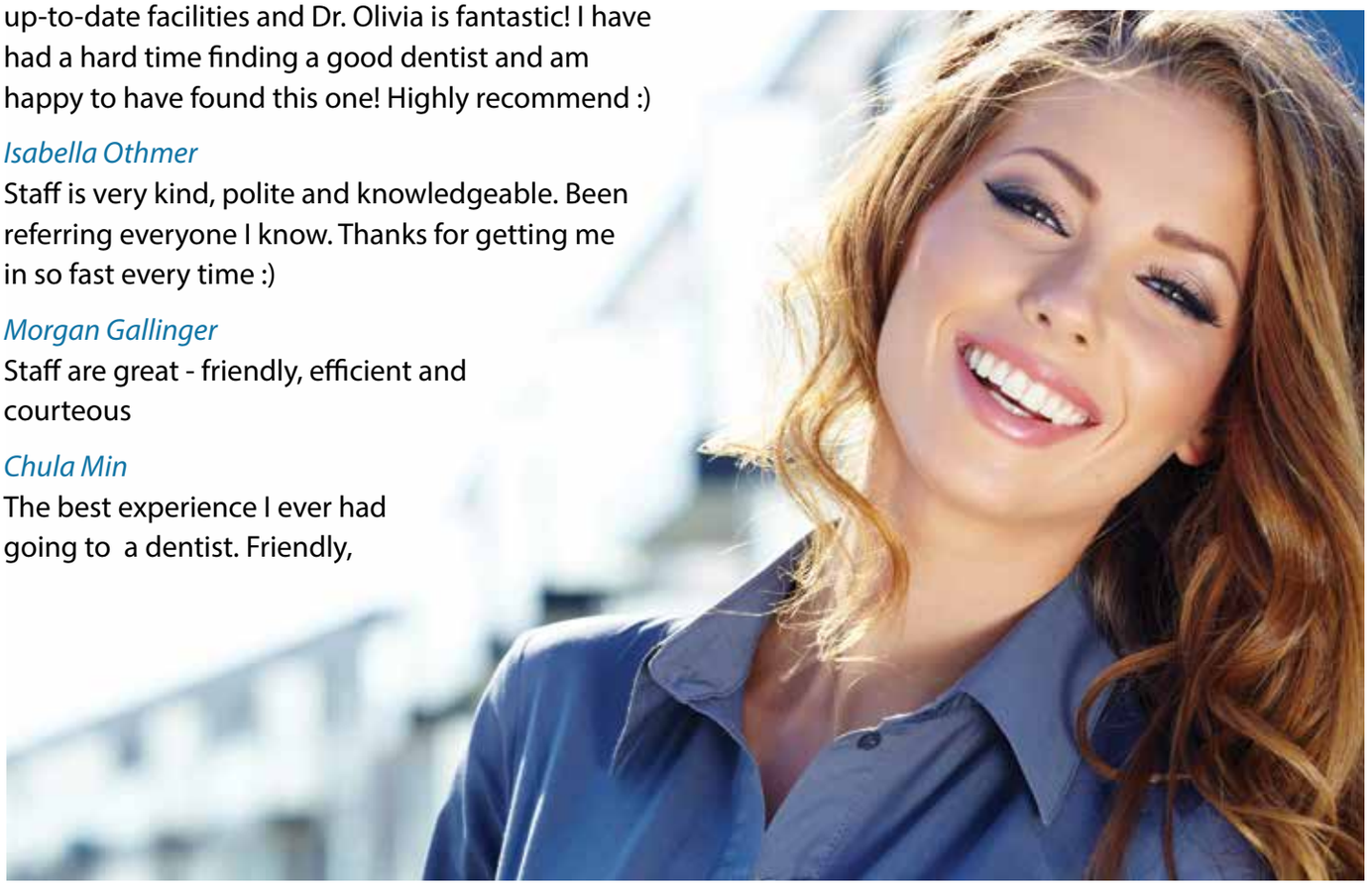
This is an awesome clinic. Dr. Cui and her team are so caring and good at what they do. I would recommend this dentist to anyone!!

Shane Higgins

The staff is wonderful and full of knowledge, The care was outstanding, The efficiency was astonishing! What an all around wonderful experience!

Christia Merritt

My experience with your team was outstanding. Because I could not respond from my I-pad, I utilized Christia Merritt's email account to submit my response. Carrying on with my feed back regarding my experience that was so wonderful I've decided to initiate a special name for your team. That special name is "JOE" . So you are now JOE and I will treasure all future JOE encounters. Because you gals are such such sharp tacks I didn't feel it was necessary to



disclose the meaning of "JOE". Sincerely and a most happy patient - Jimmy Mac ps. See you on the 6th :)

Robin Derksen

Very friendly and polite staff, I felt very comfortable being there and I am very uneasy when it comes to the dentist but I felt great leaving this dentist. I am changing my whole family over to this dentist office.

Will you be our next success story?

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WHAT TO EXPECT AT YOUR INITIAL CONSULTATION

ARE YOU READY? TAKE THIS QUIZ

WHO DEPENDS ON WEST OLDS DENTAL

A MESSAGE FOR YOU FROM WEST OLDS DENTAL

West Olds Dental

Discover how a trip to West Olds Dental can put you on the path to improved dental health and a beautiful smile.

We look forward to seeing you! Here's a little more about us...

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